

# DESERT VALLEY YOUTH FOOTBALL AND CHEER CONFERENCE PHYSICAL EXAMINATION FORM

ORIGINAL OF THIS FORM IS REQUIRED TO COMPLETE YOUR REGISTRATION

ASSOCIATION NAME: Holtville Youth Football and Cheer Assn DIVISION: \_\_\_\_\_

Athlete's Name: \_\_\_\_\_ Birth date: \_\_\_\_\_  
LAST FIRST MI

Athlete's Address: \_\_\_\_\_ Family Dr.: \_\_\_\_\_ Dr.'s Phone: \_\_\_\_\_

*The above named athlete has my permission to participate in the Desert Valley Youth Football and Cheer Conference, activities and has permission to travel with a representative of the Desert Valley Youth Football and Cheer Conference, and the local Association on any trips. In case of injury a Desert Valley Youth Football and Cheer Conference, representative is authorized to have him/her treated and/or hospitalized by any one of the doctors cooperating with the Desert Valley Youth Football and Cheer Conference, and I will not hold the Desert Valley Youth Football and Cheer Conference, Holtville Youth Football and Cheer Association or its representatives responsible for payment as the result of any accident or injury.*

## Medical History (to be completed by parent/guardian)

R or L Handed: \_\_\_\_\_ Allergies to Medication: \_\_\_\_\_

Has athlete had/have the following: Circle one: Explain "Yes" Answers

|                                                                     |     |    |       |
|---------------------------------------------------------------------|-----|----|-------|
| 1. Injuries to head, neck, bones or joints                          | Yes | No | _____ |
| 2. Any other injuries requiring medical attention                   | Yes | No | _____ |
| 3. Seizures, blackouts or any episode of unconsciousness            | Yes | No | _____ |
| 4. Heart trouble, heart murmur, high blood pressure                 | Yes | No | _____ |
| 5. Hospitalization or operations in the past                        | Yes | No | _____ |
| 6. Any Serious Infectious Disease                                   | Yes | No | _____ |
| 7. Stomach, intestinal, or urinary tract problems                   | Yes | No | _____ |
| 8. Is athlete under care of a doctor now                            | Yes | No | _____ |
| 9. Is athlete taking any medication on a regular basis              | Yes | No | _____ |
| 10. Any dental problems                                             | Yes | No | _____ |
| 11. Does the athlete have Asthma                                    | Yes | No | _____ |
| 12. Any allergies (please list <u>ALL</u> food, insect or medicine) | Yes | No | _____ |

Parent or Legal Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

## Physical Examination (to be completed by physician)

Date of physical: \_\_\_\_\_

Height: \_\_\_\_\_ Weight: \_\_\_\_\_

Blood Pressure: \_\_\_\_\_ Pulse: \_\_\_\_\_

☐ Heart ☐ Ears ☐ Nose ☐ Teeth ☐ Abdomen ☐ Extremities  
Remarks: \_\_\_\_\_

*Dr. Office Seal Or Stamp Here. If  
"NONE" Then Attach the Doctor's  
Business Card Here (Required).*

☐ While this examination does not constitute a complete Medical Examination, it does on this date and based on my observation, meet the requirement for participation in this youth football program.

☐ Individual examined by me on this date is considered NOT physically qualified to participate in this youth football program for the following reasons: \_\_\_\_\_

Physician's Signature: \_\_\_\_\_ M.D. Date: \_\_\_\_\_ Phone: \_\_\_\_\_

